



Star & Moon

Reach for the Stars & Wish on the Moon

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WHAT EFFECT DO FILMS AND THE NEWS HAVE?

MOON ACTIVITY

4th October

Full Moon in Aries

18th October

New moon in Libra

On the rare occasion when you have a cold, do you forget to reach into your cupboard and pull out the cough medicine or the vitamins or the throat lozenges that you have ready to assist just such a situation? And so too, sometimes we have tools in our memory banks, or even concepts we have learned, like the Law of Attraction and the idea that you can manifest what you want into your life. So why do we often forget this, and allow our focus to drift away from what we want and onto those things we know we do not want in our lives?

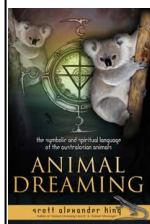
I was reading *The Vortex* by Esther and Jerry Hicks on the treadmill this morning and it hit me again with great clarity why I have changed certain things in my life. I have for the most part stopped watching the news, and I no longer go trawling The Age (Newspaper) website daily. I also don't get drawn to watching a lot of films at the cinema or even on DVD. Why?

Well, as reading *The Vortex* confirmed, too many filmmakers understand exactly how the majority of the population function. These filmmakers know that even today, most people are still drawn to what they don't want. This means people will more readily go and watch violent, destructive movies. There isn't as much money in positive happy films, or in good news in a news broadcast or newspaper ... Sadly happiness and positivity just doesn't sell in the way that doom, gloom and negativity captures attention and translates to profits. This may change, and when Pluto moved into Capricorn it brought with it a wave of ethics into the business world and our financial systems. Yes, astrology has explanations for global trends. However, in addition to astrological occurrences like a triple conjunction of Jupiter Neptune and Chiron in the humanitarian sign of Aquarius earlier this year, we need to be the change that we want to see in the world. We create our own reality as Louise Hay and many others will tell you.

You may say "it's all very well to avoid the news, but I need to be well versed in current affairs". I understand this logic, but we also have to start trying to focus our lives on wonderful, loving relationships and families, and this can be hard to do with all the negative news around us. In some ways, I was given a crash course when I ventured to New Zealand in August for a gathering that may just have been out of this world. Many of you will want to learn more about this Waitaha Gathering and I have the first of a series of articles over the page... or drop in and have a chat!

Back to the news. Why do I even think I should watch the news? Fear. Plain and simple. Fear that I may miss something important that might save my life. Fear that I will miss a new rule and be penalised for not conforming. Fear that I will be judged as ignorant and unintelligent. Fear of missing an opportunity. So, instead of allowing these fears to dominate my life, I can choose to trust that my intuition will provide me all the right instincts and bring me just the key salient points of information, exactly when I need them. Trusting that information you need will come to you is liberating. Have faith that what you need is in your sphere or will be brought to you by your friends and contacts. This is part of the Law of Attraction and allowing is an important lesson taught in a number of books and CDs, which will help refresh your ideas. And if you do get a cold, well your body is sending you a message to slow down!

ARE YOU DREAMING OF ANIMALS?



I didn't know what I needed to put here until a snake coiled up in the sun behind my Mum's back at her Birthday picnic lunch recently. Four of us were sitting on a rug on the grass at an open range zoo. Looking up, something caught my eye, and I turned to see a snake coiled in the

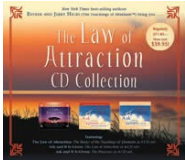
sun a foot behind Mum. About 2 feet from me. At this point I realized that maybe being barefoot, and having 3/4 trousers on for the lovely spring day, was not such a crash hot idea. The others all had hiking boots and jeans. So my first thought was to stand up, as I couldn't move easily whilst seated. After standing, I then announced pretty calmly "snake". As they looked on, the snake probably having felt my feet hit the ground, slid off into the bush. I've no idea if it was dangerous or not. Seeing I was the first to spot it, I felt the message was for me. Needless to say, after a few minutes, I did sit back down, but I was on snake alert for the rest of the picnic! It was an exciting day, and when I was back at the shop I reached for *Animal Dreaming* by Australian author, Scott Alexander King. This is a guide to

the symbolic and spiritual language of the Australasian bush animals. The snake is about Transmutation and can be a powerful symbol of fertility. Hmm, I kept reading. "Before we can welcome what we yearn for into our lives, we must first be prepared to acknowledge the things we no longer want or need." We must look at our baggage, our burdens, and our pain (much like we did in some of the sessions in New Zealand at the Waitaha Gathering) and transmute them into new opportunity. The snake offers "the chance to physically rebirth ourselves by strengthening us emotionally and deepening our relationship with Spirit". I should also mention that a little blue wren joined us at lunch and was then seen at each animal enclosure we visited during the afternoon. The blue wren is about ambition. "It allows us to feel brave and ambitious, no matter how small we perceive ourselves to be, while celebrating every step we take that moves us further away from our established comfort zones". Oh yes, there were messages that day for me. And there was one other animal ... but you will have to ask me for that story. *Animal Dreaming Oracle Cards* are also available.

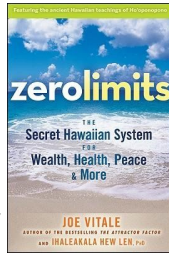
DO YOU HAVE THE BEST TOOLS FOR CHANGE?

Great value sets are popular at the moment. So, do you have these sets in your collection yet?

The Law of Attraction audio CD set with 13 CDs covering 3 books for just \$59.95. This is the original basis book called Law of Attraction along with Ask and It is Given part 1 and part 2. Do you sometimes forget to ask for what you want? Jog your memory listening to their wisdom in the car, while you're walking, doing the housework, anytime you can. Order now as I keep selling out of stock.



The Invitation box set with Oriah's 3 books, The Invitation, The Dance and The Call has found its way to many homes. Great advice on how to just be in life and still your mind. Oriah tells you of the times when she succeeds in this endeavour, and also the times when she forgets to. I know that feeling!



I realized while attending the Waitaha Gathering that something had helped prepare me for the experience and allowed me to flow with events as the itinerary changed again and again and again! And this is not a complaint either. Which books have helped?

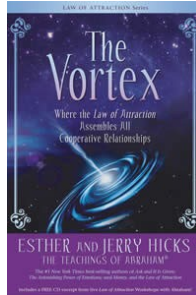
Zero limits and the Ho'oponopono mantras which it describes. I love you, I'm sorry, Please forgive me, Thank you. If you haven't got a copy, if your friend doesn't own a copy... well, what more can I say. I attribute this method with much of my transformation this year. Wealth, Health, Peace & more.

A New Earth by Eckhart Tolle and **The Power of Now**. All we have is the present moment. When you accept this, you let go of a lot of worry and enjoy life more. Let Eckhart help you create a better life.

FYI: Email me for the link for Drunvalo Melchizedek's Mayan 2012 prophecy broadcast from July 29.

WHAT IS WAITING FOR YOU IN YOUR VORTEX?

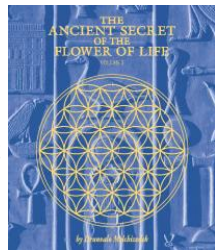
I was waiting for this book and the moment I started reading I knew why. It was jogging my memory on all that I have read about the Law of Attraction and taking me further. I couldn't get enough of it. But I keep selling the books before I get to do anymore than glance at it. These books are great because the contents has all the little sections listed so a 2 minute perusal can yield exactly the answers you need right now. And that is what life is about, having the right information at exactly the right time and being in the right place. Sometimes being in Star & Moon is being in exactly the right place, not only for you, but for me



too! Think about that. Connections work both ways, and **The Vortex** is about connections. Well it's about relationships, but sometimes we forget that we have a relationship with the staff in the corner store, or the silly girl who makes odd book suggestions to you (that's me by the way!). We simply need to be vibrating at the right level to bring all that is waiting out there for us into our life. We need to find how to be happy in and of ourselves so we attract happiness. Sound simple? Why are we still reading the books and CDs? Yes, because It all helps... that's why.

REFLECTIONS ON THE WAITAHA GATHERING

It would be remiss of me to meet Drunvalo Melchizedek and not tell you about it or forget to remind you of his books. I believe in manifesting, and Drunvalo tells me his wife is an amazing manifestor. Well I have to say that at times I get it very right too! Like manifesting a private conversation with Drunvalo at Auckland airport at the end of the New Zealand Waitaha gathering. Perhaps I should add that I sat opposite Drunvalo at three or four meals early on in the trip and listened intently but chose not to pester him, as it seemed many people wanted a piece of his advice and wisdom. I sensed he was tired from the trip to Hungary where he filmed a live broadcast 3 times in one day with only 2 hours sleep between each filming. You can see this broadcast in 14 parts on youtube and I will happily send you the link as his information is timely and important. In addition to seeing how many people seemed to want something of Drunvalo, I had read all 4 of his books cover to cover, even the amazing and in depth **Flower of Life** books. Maybe there were things I could ask, but they are amazing books, and I was happy to just be in his presence. It was not until the last day when someone approached me to say all was not as it seemed, and that if I was going to write up the notes I had scribed during the gathering, then maybe I should ask Drunvalo for the truth, as best it could be told. So after missing my opportunity at the hotel while waiting for the airport shuttle, I arrived at the airport and while shifting items



between my suitcase and carry on luggage my intuition said quite clearly "put the book in your carry on". The book, **Flower of Life volume 2**, was the only one I had brought along, as we were told to pack light. As I debated with this intuition, my mind told me I wouldn't be reading anything on the flight. I was tired from an amazing experience. When it came again "Put the book in your carry on", I did as I was told. And later after some synchronicity I was able to ask about the events I needed clarified. Then I asked Drunvalo if I could ask a favour... He said "sure" in his laconic and relaxed drawl that I had by now come to know and love (absolutely no disrespect, as I listened intently to all Drunvalo had to say). Now Drunvalo had no idea what was coming (or maybe his angels did) as I asked him to sign the book. We had been wearing name tags the whole trip, but I had not had a real conversation with him till now. So when he said "it's Jane isn't it", I was impressed. There had been 121 people who Drunvalo effectively brought to New Zealand, in response to the invitation issued from the Waitaha nation by Te Porohau. We came from 36 countries and there were only 4 who claimed Australia as either their current home or birthplace. So yes, I was impressed, and then I was thrilled at how the universe works when I asked Drunvalo if there was anything he wanted or needed to do. You may not know my love of shopping, but it played out perfectly as I took Drunvalo duty free shopping for Icebreaker thermal gear!